



## **HealthyBlue powered by WebMD ONE**

Cash out points for a \$250 gift card (25,000 pts)

Points accumulated on HealthyBlue by doing activities AND/OR by using the gym 12x/month

# How will I access the new HealthyBlue?

## STEP 1

Visit [www.BCBSNDportals.com/home](http://www.BCBSNDportals.com/home)

## STEP 2

Log into your BCBSND member account

- ✓ Will have to register the first time
- ✓ Will need the ID number on your **NEW** BCBSND member card

**Note:** do not enter the alpha-prefix (i.e. YQD)

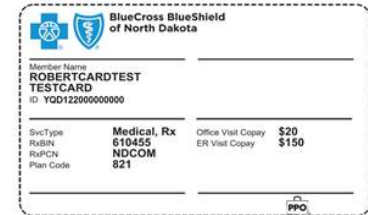
## STEP 3

Click on HealthyBlue Home, found on the right-hand side of your member account screen.

## STEP 4

Complete the quick HealthyBlue account registration process and accept the Annual Wellness Authorization to Release information. Once you have accepted, you will be taken to your personalized HealthyBlue Home Page. This Authorization resets each calendar year on January 1.

Sample Health Plan Member Card

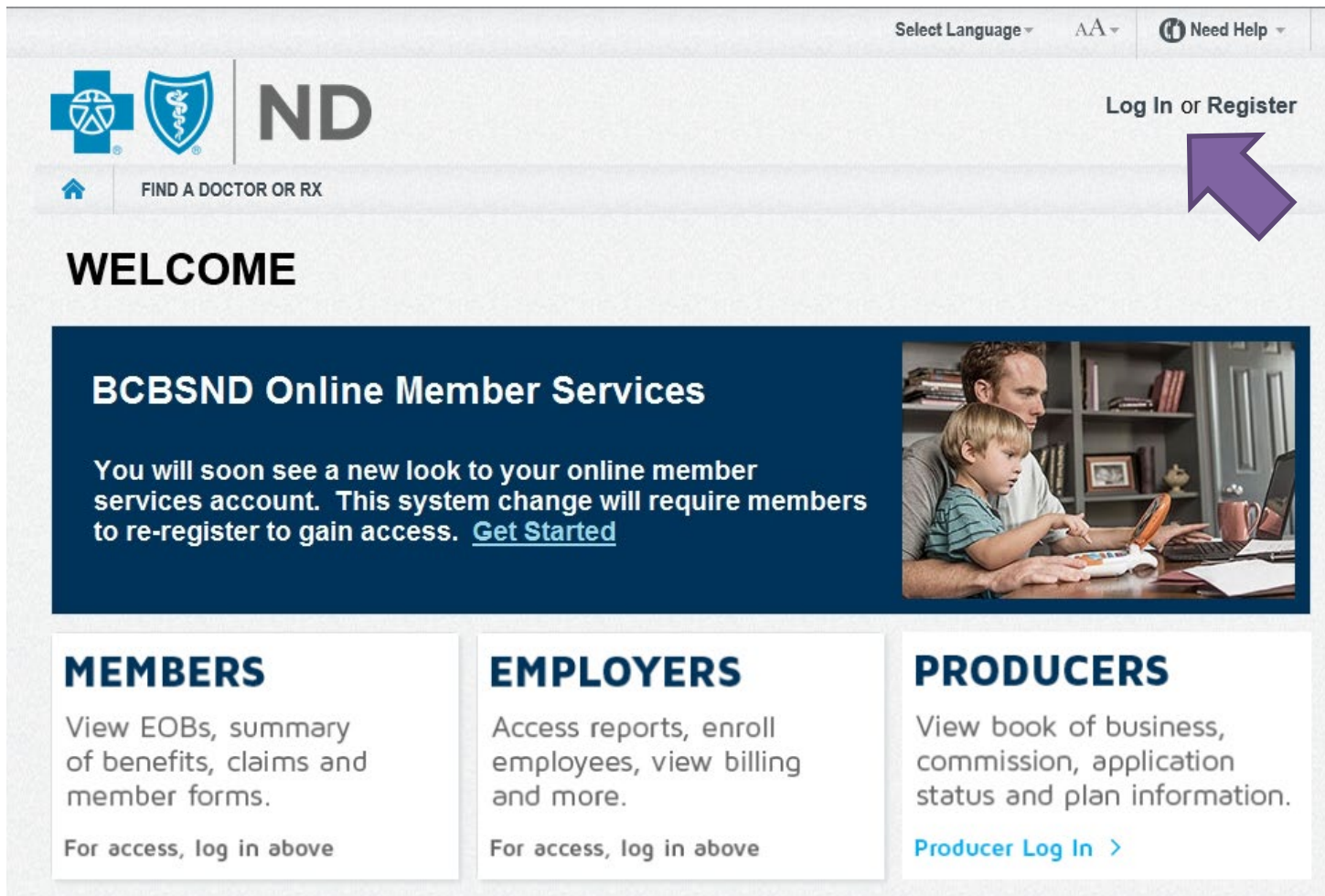


Sample WELLNESS ONLY Member Card



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# STEP 2: Log In or Register BCBSND Member Account



The screenshot shows the BCBSND website interface. At the top right, there are links for "Select Language", "AA", and "Need Help". On the left, there are logos for BCBSND and ND, along with a "FIND A DOCTOR OR RX" button. A purple arrow points to the "Log In or Register" link in the top right corner. Below the navigation bar, there is a "WELCOME" section and a dark blue banner for "BCBSND Online Member Services" with a sub-header and a "Get Started" link. To the right of the banner is an image of a man and a child looking at a laptop. Below the banner are three columns: "MEMBERS" (View EOBs, summary of benefits, claims and member forms. For access, log in above), "EMPLOYERS" (Access reports, enroll employees, view billing and more. For access, log in above), and "PRODUCERS" (View book of business, commission, application status and plan information. [Producer Log In >](#)).



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# STEP 3: Click on HealthyBlue Home

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Hi, [Your Account](#)

HOME COVERAGE CLAIMS SPENDING FIND A DOCTOR PRESCRIPTIONS FORMS & RESOURCES WELLNESS

## MEMBER HOME

### Member Information

Member ID [Account Profile & Settings >>](#)

Group [ID Card >>](#)

[Coverage summary >>](#)

[Benefit Booklet >>](#)

### WELLNESS PROGRAMS

These wellness programs can help you stay healthy and save money.

### HEALTHYBLUE HOME

### WELLNESS PROFILE

# STEP 4: Register Your HealthyBlue Account



POWERED BY **WebMD** health services

En Español

## Welcome to Registration

Registering for the HealthyBlue Personal Health Manager website gives you these benefits:

- Provides personalized information and powerful tools to help you make more informed choices about your health
- Ensures the confidentiality of your personal health information
- Gives you access to your Health Record from WebMD.com

To start, we need to know if you already have an existing Personal Health Record at WebMD.com.

**Do you have an existing Personal Health Record at WebMD.com?**

Click '**Continue**' to complete the registration process.

[Learn more about accessing your Personal Health Record at WebMD.com](#) 

[Forgot your WebMD.com Personal Health Record username or password?](#)

CONTINUE



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# Enter Email – Check Box – Click GO

## New User Registration

To continue registration, please complete the following:

### Frequently Asked Questions

#### Required Information \*

Please provide this information. We cannot give you health information without it.

##### • Email Address:

Enter the personal email address where you would like to receive your *HealthyBlue* mail. (If you do not have a personal email account, free email accounts are available. Well-regarded email providers include: [Gmail](#), or [Yahoo!](#), or [Outlook](#).)

##### • Verify Email Address:

(Please confirm your email address.)

## 1 Agreement

• I have read and agree with WebMD's [Terms and Conditions](#) and [Privacy Policy](#).

For more information about what you should expect from us as we strive to deliver health and wellness solutions, review [Your Rights](#).

GO



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# Customize your experience – Click GO:

## Select health care topics that interest you (optional)

Welcome!

### Topics of Interest

Which health care topics do you want to know more about? By knowing your specific interests, we can make sure that you're informed with the latest information about the topics of your choice. (Check all that apply.)

This step is optional. Click Go to perform this step later via the Settings link.

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> ADD/ADHD                               | <input type="checkbox"/> Erectile Dysfunction           | <input type="checkbox"/> Mental Health      |
| <input type="checkbox"/> Allergies                              | <input type="checkbox"/> Eye Health / Vision            | <input type="checkbox"/> Migraines          |
| <input type="checkbox"/> Alternative and Complementary Medicine | <input type="checkbox"/> Fertility                      | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Alzheimer's                            | <input type="checkbox"/> Fibromyalgia                   | <input type="checkbox"/> Osteoporosis       |
| <input type="checkbox"/> Anxiety/Panic Disorders                | <input type="checkbox"/> Fitness                        | <input type="checkbox"/> Pain Management    |
| <input type="checkbox"/> Arthritis                              | <input type="checkbox"/> Genital Herpes                 | <input type="checkbox"/> Parenting          |
| <input type="checkbox"/> Asthma                                 | <input type="checkbox"/> GERD (reflux)                  | <input type="checkbox"/> Pregnancy          |
| <input type="checkbox"/> Back Pain                              | <input type="checkbox"/> Headaches                      | <input type="checkbox"/> Prostate Cancer    |
| <input type="checkbox"/> Bipolar Illness                        | <input type="checkbox"/> Heart Disease                  | <input type="checkbox"/> Schizophrenia      |
| <input type="checkbox"/> Breast Cancer                          | <input type="checkbox"/> Heartburn                      | <input type="checkbox"/> Senior Health      |
| <input type="checkbox"/> Cancer                                 | <input type="checkbox"/> Hepatitis                      | <input type="checkbox"/> Sexual Health      |
| <input type="checkbox"/> Cholesterol Management                 | <input type="checkbox"/> Herpes                         | <input type="checkbox"/> Skin/Beauty        |
| <input type="checkbox"/> Colorectal Cancer                      | <input type="checkbox"/> HIV/AIDS                       | <input type="checkbox"/> Sleep Disorders    |
| <input type="checkbox"/> Dental Health                          | <input type="checkbox"/> Hypertension                   | <input type="checkbox"/> Smoking Cessation  |
| <input type="checkbox"/> Depression                             | <input type="checkbox"/> Infertility                    | <input type="checkbox"/> Stress             |
| <input type="checkbox"/> Diabetes                               | <input type="checkbox"/> Irritable Bowel Syndrome (IBS) | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Diet & Nutrition                       | <input type="checkbox"/> Lung Cancer                    | <input type="checkbox"/> Weight Management  |
| <input type="checkbox"/> Digestive Disorders                    | <input type="checkbox"/> Men's Health                   | <input type="checkbox"/> Women's Health     |
| <input type="checkbox"/> Epilepsy                               | <input type="checkbox"/> Menopause                      |   |

GO



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# Stay informed & take charge of your health – Click GO: Sign up for cutting-edge health newsletters (optional)

## WebMD Newsletters

### Take Charge of Your Health

The latest news and cutting-edge health information is just a click away.

This step is optional. You can always perform this step later through the Settings link.

- |   |   |
|---|---|
| <input type="checkbox"/> Allergy & Asthma News  | <input type="checkbox"/> Healthy Diet             |
| <input type="checkbox"/> Arthritis News         | <input type="checkbox"/> Heart Disease News       |
| <input type="checkbox"/> Children's Health      | <input type="checkbox"/> High Blood Pressure News |
| <input type="checkbox"/> Cholesterol Management | <input type="checkbox"/> Living Better            |
| <input type="checkbox"/> Chronic Pain News      | <input type="checkbox"/> Managing Your Weight     |
| <input type="checkbox"/> Diabetes News          | <input type="checkbox"/> Men's Health             |
| <input type="checkbox"/> Fitness                | <input type="checkbox"/> Women's Health           |

GO



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# Accept the Annual Wellness Authorization

## Annual Authorization Required

I authorize Blue Cross Blue Shield of North Dakota (BCBSND) to disclose my protected health information, or personal information if I am not a BCBSND member, to my employer (if my health plan is provided by an employer group) and to designated wellness vendors, to be used for administration of my wellness programs or incentives program(s). If my contract number changes during 2022, this Authorization will transfer to my new BCBSND contract number.

I understand that this Authorization is voluntary. My refusal to authorize disclosure of information to wellness vendors and my employer (if my health plan is provided by an employer group) and will have no effect on my enrollment in BCBSND health plans.

I understand that my protected health information includes, but is not limited to, all data and information in the BCBSND systems, including claims, as a result of medical encounters, treatments, diagnostic tests, screenings, prescriptions, and/or case management activities.

I understand that if the recipient of this information is not a health care provider or health plan covered by federal privacy regulations, this information may be re-disclosed and no longer protected by these federal regulations. My BCBSND health plan is subject to federal privacy regulations and will not re-disclose this information except as allowed by law. I understand that I have the right to revoke or end this Authorization at any time.

I understand that my revocation of this Authorization will not affect any action that has been taken, or any information that has already been used or disclosed, based upon this Authorization before my BCBSND health plan actually received my revocation.

This authorization will remain in effect until 12/31/2022.

Agree

Decline

**SUBMIT RESPONSE**



- Once you accept the Authorization, you will be taken to your personalized HealthyBlue home screen.
- This Wellness Authorization resets every year on January 1.



**ND**

# New WebMD ONE Home Page & Navigation

The screenshot displays the top navigation bar of the WebMD ONE app. On the left, there is a logo consisting of a cross and a shield, followed by the text "ND HealthyBlue". On the right side of the navigation bar, there is an envelope icon and a vertical ellipsis icon. Below the navigation bar, there are three buttons: "My Health" (highlighted in blue), "Daily Habits", and "Rewards".

Below the navigation bar is a large banner image of a mountain range. The text "Hello," is visible on the left side of the banner. Below the banner, there is a horizontal menu with the following items: "Home", "Asthma", "Exercise", "Stress", "Tobacco", and "EDIT".

A modal dialog box titled "Personalize Your Experience" is overlaid on the page. It contains the following text: "The information in your streams is based on the health and wellness interests you have selected. Have a new interest? Click Edit to change your streams." Below the text, there is a "1/3" indicator and a "NEXT" button. The modal also has a close button (X) in the top right corner.

Below the modal, there are three promotional cards. The first card is titled "Connected" and features a hand holding a "Hello!" sticker. It includes the text "e confidence to connect with" and "and improve your health." and a "GET STARTED" button. The second card is titled "Quit Tobacco" and features a landscape image of a valley. It includes the text "Take steps to quit tobacco—it's the best thing you can do for your health." and a "START NOW" button. A "SEE ALL" link is visible to the right of the "Quit Tobacco" card.

# New WebMD ONE Home Page & Navigation

The screenshot displays the ND HealthyBlue web interface. At the top, the logo for ND HealthyBlue is visible. Below the logo, there are navigation tabs: "My Health", "Daily Habits", and "Rewards". A notification box in the center reads: "Discover More Resources" with a close button (X). The notification text says: "There are even more helpful health and wellness tools available to you! Click Resources to see what else you can discover." Below the notification, it shows "3/3" and a "GOT IT!" button. On the right side, a dropdown menu is open, listing various options: "HealthyBlue Benefits", "Health Assessment", "Health Record", "Resources", "Sync Devices & Apps", "Policies", "Settings", "Sign Out", and "Contact Us". Red arrows point to "Health Assessment", "Resources", and "Sync Devices & Apps". Below the navigation, there is a banner with the text "Hello, CATBUYUP05". Underneath the banner, there are navigation links: "Home", "Asthma", "Exercise", "Stress", "Tobacco", and "ED". The main content area is titled "Recommended For You" and features three cards: "Health Assessment" (with a bowl of fruit and the text "Get more out of your experience by completing your assessment. GET YOUR SCORE"), "Stay Connected" (with a hand holding a "Hello!" sticker and the text "Find the confidence to connect with others and improve your health. GET STARTED"), and "Quit Tobacco" (with a landscape image and the text "Take steps to quit tobacco—it's the best thing you can do for your health. START NOW").

# Resources

## Resources

All Resources

Assess Your Health

Information

Self Improvement

Achieving well-being is easier with the right resources. To successfully reach your health goals — take advantage of motivational apps, weight management tools, health surveys and much more.

Self Improvement

### Daily Habits

Take control of your chronic conditions today!

Self Improvement

### Device and App Connection Center

Automatically upload your info - just sync up a fitness device or app.

Assess Your Health

### Health Assessment

Take 10 minutes to learn about your health and how to improve it.

Assess Your Health

### Health Record

Manage your health information from a single, private and secure location.

Information

### Health Topics

Find info on everything from specific conditions to general well-being.

Self Improvement

### Health Trackers

Keep track of your health measurements, exercise, sleep and more.

# Resources

Information

## Message Board Exchanges

Connect with others and discuss health topics that interest you.

Self Improvement

## My Pregnancy Assistant

Find resources that are helpful during pregnancy and track your baby's progress.

Self Improvement

## Recipes

Get step-by-step instructions for making simple, healthy and delicious meals.

Self Improvement

## Rewards

Take action on your health and earn rewards.

Information

## WebMD Interactives

Take advantage of helpful calculators, quizzes, health topics and more.

Assess Your Health

## WebMD Symptom Checker

Easily identify possible conditions related to your symptoms.

Information

## WebMD Video

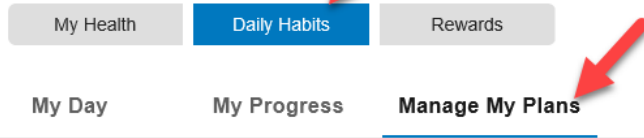
Watch videos and learn about a variety of health topics that interest you.

Self Improvement

## Wellness At Your Side

Download the WebMD ONE app to track goals and access benefits anytime, anywhere.

# Daily Habits



## Select Plans



### Lose Weight

You deserve to feel great and enjoy life. Let us help you be your best while managing your weight.

[VIEW DETAILS](#)



### Keep Stress in Check

During Keep Stress in Check, you'll set a plan to better manage stress and take steps to make it happen.

[VIEW DETAILS](#)




### Balance Your Diet

With Balance Your Diet, you'll learn how to make nutrition work for your lifestyle and enjoy the many benefits of healthy eating.

[VIEW DETAILS](#)

## Plans Include:

- Lose Weight
- Keep Stress In Check
- Balance Your Diet
- Enjoy Exercise
- Diabetes
- CAD
- Hypertension
- COPD
- Asthma
- Heart Failure
- Coping with the Blues
- Quit Tobacco
- Sleep Well
-  Stay Connected



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# Daily Habits



My Day

My Progress

Manage My Plans



Your Plan  
Is On-Track



## Activities Left Today (6)



Have you been physically active today?

VIEW DETAILS

NO

YES

Connected Plans: Stay Connected



Did you make healthy food choices today?

VIEW DETAILS

NO

YES

Connected Plans: Stay Connected



Did you get 6-10 hours of restful sleep last night?

VIEW DETAILS

NO

YES

Connected Plans: Stay Connected



Did you make time to speak with a friend or family member today?

VIEW DETAILS

NO

YES

Connected Plans: Stay Connected



Did you spend less than 1 hour on social media today?

VIEW DETAILS

NO

YES

Connected Plans: Stay Connected



Were you able to focus on positive thoughts today?

VIEW DETAILS

NO

YES

Connected Plans: Stay Connected

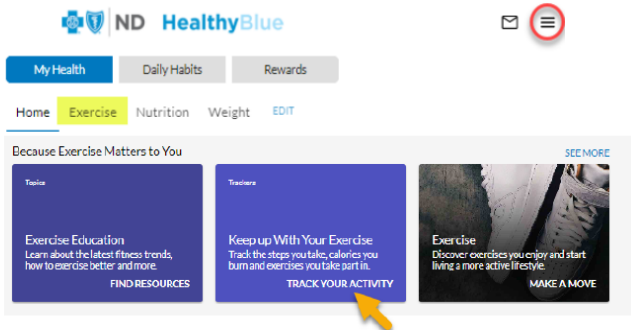
# Exercise Tracker

## HealthyBlue Exercise Tracker Instructions

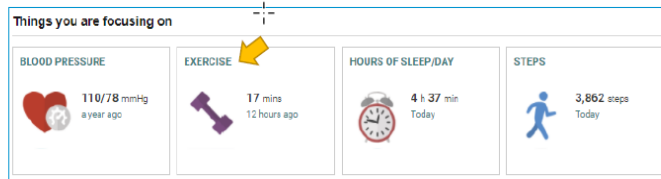


Log into HealthyBlue through your BCBSND Member Portal.

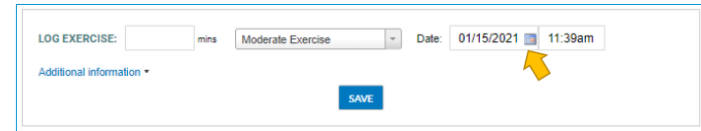
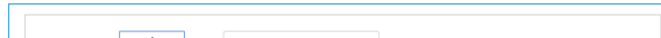
On your HealthyBlue dashboard, you may find the activity tracker in a tile (box), if exercise is one of your interest items. If it is not in a tile, click on the 3 horizontal bars icon located in the right-hand corner of your dashboard and click "Resources" and then "Health Trackers." \*Please see the note on page 2.



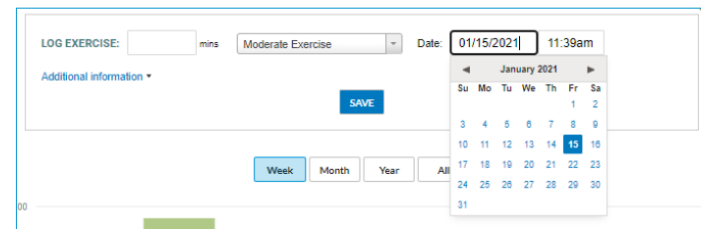
Click the "Exercise" box.



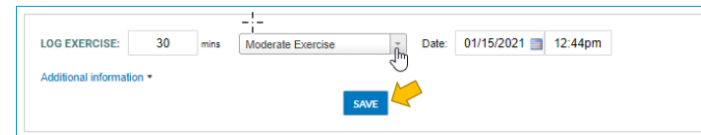
Click "Now" to bring up the calendar icon.



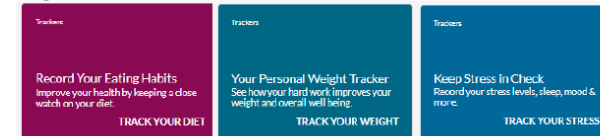
Click on the date.



Enter your exercise minutes, describe the type of your exercise from the drop-down and click "Save."



\* The activity tracker can be accessed through other interest sections such as Nutrition, Stress, Weight, etc.





# Challenges

## THE OLYMPIC SPIRIT CHALLENGE

After a yearlong postponement, the 2021 Summer Olympics are finally here! Celebrate the Games while working on your own personal wellbeing goals by participating in **THE Olympic Spirit Challenge!**

- Registration opens in HealthyBlue on July 16.
- Challenge runs July 23-August 8.
- You have until August 11 to log.
- Participants will log a YES for days in which they Completed a minimum of 30 minutes of ANY Olympic Activity.
- Activities may include, but are not limited to:  
Archery, baseball/softball, basketball, beach volleyball, canoeing, cycling, golf, running, sailing, surfing, swimming and more!

"The most important thing in the Olympic Games is not winning but taking part; the essential thing in life is not conquering but fighting well."

*Pierre de Coubertin, father of the modern Olympic Games*

Earn 200 HealthyBlue Points for participating in **THE Olympic Spirit Challenge** and logging a **minimum of 4 YES** days.



Look for this icon on your HealthyBlue home page beginning July 16 to register! You should find it in the "Recommended For You" Stream. You may need to click on SEE ALL.



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- My Health
- HealthyBlue Benefits
- Daily Habits
- Rewards

[All Rewards](#) [FAQs](#) [History](#)

## 2022 NDPHIT Wellbeing Rewards

Earn up to \$250 wellbeing rewards, redeemable as Visa cash cards, January 1-October 31, 2022 (some activities must be completed by September 30, 2022). Points earned must be redeemed by 11:59pm October 31, 2022. All points left unredeemed will be forfeited and cleared as of November 1, 2022.

<b>Your points:</b>	EARNED: <b>0/25000</b> MAX	USED: <b>0</b>	BALANCE: <b>0</b>
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<b>\$25</b>		<p style="margin: 0;"><b>\$25 Prepaid Visa</b></p> <p style="margin: 0;">Earn reward <b>10 times</b> by 10/31/2022</p>	<p style="margin: 0;"><b>2500 points</b></p> <p style="margin: 0; font-size: small;">needed to earn reward</p> <p style="margin: 0; background-color: #0070c0; color: white; padding: 5px; display: inline-block;">EARN NOW</p>
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<b>\$50</b>		<p style="margin: 0;"><b>\$50 Prepaid Visa</b></p> <p style="margin: 0;">Earn reward <b>5 times</b> by 10/31/2022</p>	<p style="margin: 0;"><b>5000 points</b></p> <p style="margin: 0; font-size: small;">needed to earn reward</p> <p style="margin: 0; background-color: #0070c0; color: white; padding: 5px; display: inline-block;">EARN NOW</p>
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# REQUIRED

## Finish these activities before you can redeem your reward

**REQUIRED: Enroll in the NDPHIT Member Portal** [less](#)

Do this by 9/30/2022

**IMPORTANT NOTICE: This REQUIRED activity must be completed by September 30, 2022.**

Enroll your member account at [NDPHITHealth.com/members](https://NDPHITHealth.com/members). This is required to be eligible for the NDPHIT Wellbeing Rewards.

Completion credit for this activity will be refreshed on a monthly basis. For example, March NDPHITHealth.com enrollments, will be marked as complete by the end of April.

# HealthyBlue



## 2022 STANDARD REWARDS

Earn up to \$250, redeemable as Visa cash cards, January 1-October 31, 2022.

### One-Time Activities

- Complete the Personal Health Assessment 1000 points
- Pregnancy Assistant Intake Box 100 points
- Sign-up for the WebMD Newsletter 100 points
- Sync a Fitness Device or App 100 points

### Daily Activities

- Track Your Daily Steps 15 points
- Track Your Daily Physical Activity Minutes 90 points



## Weekly Activities

- Complete Weekly Pregnancy Assistant Interaction 25 points

## Monthly Activities

- HCC - Visit Participating Club 12+ Times 2700 points
- Complete the Monthly Financial Wellbeing Topic 100 points

## Miscellaneous Activities

- Challenges: Steps, Water, Fruits/Veggies, etc. 100 points/active challenge week
- Complete ANY Daily Habits Plan 600 points (max 5 times/year)
- Complete a Pregnancy Assistant Activity 10 points (max 10 times/week)



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# EXTRAS- Must be completed by September 30<sup>th</sup>

## ONE-TIME ACITIVITES

- Enroll at NDPHIThealth.com – required to be eligible for the program
- Attend Initial Appointment with Health Coach 1,000 Points

## MONTHLY ACTIVITIES

- Meet with a health coach once per month 2,500 points
- Meet with a prevention specialist once per month 500 points



# Reward Tiers

Reward (Prepaid Visa)	Points to Redeem
\$25	2,500
\$50	5,000
\$100	1,000
\$150	15,000
\$200	20,000
\$250	25,000

Unredeemed points are forfeited and cleared November 1



# Health Club Credit







# Health Club Credit Points

## Health Club Credit Program

Earn 2700 points (\$27) for each month in which you visit a participating health club 12+ times. Points are awarded the month following the month in which the visits took place (i.e. Points for 12+ January visits are awarded in February). Visit [NIHCAREwards.org](http://NIHCAREwards.org) to see if your health club is participating and/or to enroll to receive Health Club Credit points.

Health Club Credit - Jan Activity	2700 points	
Health Club Credit - Feb Activity	2700 points	
Health Club Credit - March Activity	2700 points	 DONE
Health Club Credit - April Activity	2700 points	 DONE
Health Club Credit - May Activity	2700 points	
Health Club Credit - June Activity	2700 points	
Health Club Credit - July Activity	2700 points	
Health Club Credit - Aug Activity	2700 points	
Health Club Credit - Sept Activity	2700 points	

- ☐ Months in which you meet the 12+ visit minimum and earn the 2700 point (\$27) credit will display the  DONE symbol.



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# Health Club Credit Enrollment

**MEMBERS Options**

- FIRST TIME ENROLLMENT
- ALREADY ENROLLED
- MEMBER PORTAL INSTRUCTIONS
- FAQ

**CLUBS Options**

- PROCESSING AGREEMENT
- EXISTING CLUB LOGON
- CLIENT PROCEDURES

**CLUB FINDER**

- CLUB FINDER

**MONEY MOVERS, INC.**

- ABOUT MONEY MOVERS, INC.
- VISIT THE MONEYMOVERS, INC. WEBSITE
- REQUEST MORE INFORMATION / REQUEST AN OBM DEMO

☐ Click on First Time Enrollment Tab



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# Health Club Credit Enrollment

## Enter Insurance details

Insurance Company:

---Please Select Insurance Company---

---Please Select Insurance Company---

Avera Health

Bind

Blue Cross Blue Shield of Minnesota

Blue Cross Blue Shield of North Dakota



## Club Search

Zip Code

58104

Radius(Miles)

25

Find clubs

- Select Blue Cross Blue Shield of North Dakota
- Enter you zip code to search for your club



ND

# Health Club Credit Enrollment

### Club Search

Zip Code

Radius(Miles)  
 ▼

[Find clubs](#)

If you would like to nominate a club you can do so here.

Club	Address	Phone#	Amenities	Action
Anytime Fitness - Dilworth	1710 Center Ave W, Ste #200, , Dilworth, Minnesota, 56529	218-227-0010		<a href="#">Enroll Online</a>
Anytime Fitness - Fargo (1801 45th St S)	1801 45th St S, , Fargo, North Dakota, 58103	(701) 277-5040		<a href="#">Enroll Online</a>
Anytime Fitness - Fargo (Timber Creek)	5050 Timber Creek Prkway, , Fargo, North Dakota, 58104			<a href="#">Enroll Online</a>

- Find your club and click Enroll Online
- Accept the terms
- Complete enrollment information



# Redemptions



# Where do I locate my rewards program?



My Health

Daily Habits







Rewards



Hello,



# Redeem Points

<b>Your points:</b>	<b>EARNED: 10255/25000</b> MAX	<b>USED: 2500</b>	<b>BALANCE: 7755</b>
<b>\$25</b>		<b>Redeem your \$25 Gift Card for 2500 points</b> Enter your mailing address to ensure delivery. Address: 2701 NW Vaughn St Address 2 (optional): Suite 700 City: Portland State: OR Zip code: 97210 <b>Next</b>	
<b>\$50</b>		<b>Redeem your \$50 Gift Card for 5000 points</b> Enter your mailing address to ensure delivery. Address: 2701 NW Vaughn St Address 2 (optional): Suite 700 City: Portland State: OR Zip code: 97210 <b>Next</b>	
<b>\$100</b>		<b>\$100 Gift Card</b> Earn reward <b>2 times</b> by 12/31/2019	<b>10000 points</b> needed to earn reward <b>KEEP EARNING</b>
<b>\$25</b>		<b>Is this correct?</b> 2701 NW Vaughn St Suite 700 Portland OR 97210 <b>Edit</b> <b>Confirm</b>	

- You will see an option to redeem once you've earned enough points for the minimum gift card amount
- To make a redemption, confirm your address and click Next. It will ask you to confirm once more.
- You can redeem as you earn or let points accumulate and redeem less often (or even once) for the larger gift card amounts



# Redemption Confirmation Email

## **CONGRATULATIONS, ON THE SUCCESSFUL REDEMPTION OF YOUR HEALTHYBLUE PREPAID VISA!**

You will receive your Visa card via US mail in an unmarked white envelope. Please check your mail carefully to make sure you do not accidentally discard it. Your card may take up to 3 weeks to receive. If you do not receive your card within this standard delivery window, please call the number on the back of your BCBSND member id card for assistance.

### **HOW TO USE YOUR CARD**

- Activate by phone or online at [MyPrepaidCenter.com](http://MyPrepaidCenter.com). You will need to create a MyPrepaid Center account at this time. If you have already redeemed a card from HealthyBlue in \_\_\_\_\_, you can simply log into MyPrepaid Center with the credentials you previously created.
- Swipe as Credit
- Only swipe for available card balance or less if split tender payment is not available.
- **Although the funds do not expire, your card will begin to depreciate by \$3.95/month as of the valid thru date on the card.**

Thank you for your participation!

- ❑ You will receive a confirmation email after making a reward redemption



**ND**



# How to Use The Card



- You will need to activate your card either online at [MyPrepaidCenter.com](http://MyPrepaidCenter.com) or by calling the activation phone number on the card.
- Swipe as Credit (unless you elect to activate a PIN in your MyPrepaid Center account). Only swipe for the available card balance or less if you do not have a split tender option to pay.
- Use before the thru date printed on card to avoid fees. After 6 months, the balance on your card will begin to depreciate by \$3.95/month.



## Wellness Incentives are Taxable Benefit

- Rewards must be redeemed by October 31<sup>st</sup> 2022 or they will be forfeited.
- Rewards earned are considered taxable wages.
- BCBSND will provide reporting by mid-December each year.



# Questions??



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**HealthyBlue WebMD ONE**